

OCA & FCC PRESENT:
Asian American in 2018
IDENTITY · CHALLENGES · OPPORTUNITIES

Sun. Sept. 30th - 40 Division St., Chinatown NYC

Register Now: FCCNY.ORG



Civics

(Re)visiting 2020 Vision for the Future

Count us in for learning about representation.

The Importance of Citizenship

For all immigrants, including international adoptees, and those who want to support others on their path to citizenship.

#MeToo Movement

What is sexual violence and how is it viewed and discussed in our communities?



Film

Abacus: Small Enough to Jail
Abacus Bank, the only U.S. bank to face criminal charges in the wake of the 2008 financial crisis.

And Then They Came for Us
Documentary on the unconstitutional incarceration of Japanese Americans during WWII.

The Chinese Exclusion Act
PBS shortened documentary on the Act and American Identity.

Your Daughter

Short film of questions of a Chinese adoptee to her birthmother.

Yuanfen

Short animation on adoption through the eyes of a child.



College

Asian American in College
Led by students and recent grads.

What Colleges Are Really Looking For
Secrets from Admissions Officers.

Affirmative Action in Education
Discussion on the Harvard lawsuit, and exercise where you are the college admissions committee.



Identity

API LGBTQ+ Family Acceptance
Better understand the challenges LGBTQ+ individuals and families face in the API community and how you can become allies.

Identity Matters: The Quest for the "Authentic" Self
Workshop for adults focusing on how to discuss race and privilege.

Identity Zine Making Workshop
Zine: self-publication composed of text, images, and collages to experience and explore identity.

"Where Are You 'Really' From?" And Other Microaggressions
Workshop for young teens & tweens on how to navigate our increasingly racially charged society.



Career

Asian American Women's Career Panel
How to Succeed in Business as an Asian American Woman and other career tips.

Communication Skills Workshop
Improve in-person communication skills and Emotional IQ.

Making Your Network Work for You
It's not *What* you know, it's *Who* you know.



Health

Meditation
Find peace when your mind is separated from the outside world.

Recognizing Anxiety & Depression in Your Teen
When, where, and how to help your teen who might be struggling with mental health issues.

Under Pressure: Dealing with Stress in Life & School
Workshop for tweens & teens to explore healthy ways to manage stress and to be a supportive pillar to others.

Yoga
2 separate intro sessions for basic yoga philosophy, poses, and breathing techniques.